



**Active
PARENTING
Now in 3**



Are you struggling with your kids at home?

Would you like to learn some new ideas and strategies to help with tantrums, refusals and arguments? Do you want the opportunity to share with other parents?

There is still time to sign up for the parenting class, “Active Parenting Now in 3”, for parents of elementary-age students!

Class dates: (Mondays) Jan. 21, Jan. 28 & Feb. 11

Time: 5:30-7:30 pm

Where: Midland Elementary, Library

There will be videos, discussions, practice activities and a book for you to read that goes with the class. Light refreshments will be served.

This class will meet three times and will be taught by Sandy Hein, School Counselor at Midland Elementary. Please sign up by email (shein@midland.k12.ia.us) or phone (563.488.2292) ASAP.