



Midland Community School
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Dear Parent or Guardian,

This academic year we hope to work as a team to follow the guidance of area doctors to keep illness from spreading throughout the Midland School District. Please use the chart below to decide if your child should stay home from school. Student's exhibiting two or more illness symptoms while at school and extra curricular events will be sent home encouraged to be seen by their doctor. If physician approved and COVID testing is not recommended, student may return to school the next day IF they have been fever free for 24 hours without the use of fever/reducing medication. A physician's note will be required for readmittance to school. We strongly encourage physician contact if your child meets any of the illness criteria below and needs to stay home from school for more than one day.

IF a family chooses not to have their child be seen by a physician, the student may return to school after 10 days.

High Risk Covid 19 Symptoms = Staying Home from School	Two or More Symptoms = Staying Home from School	Any one of these Symptoms = Staying Home from School
a new cough	Headache	Vomiting
Shortness of breath	Muscle aches/body aches	Diarrhea
Difficulty breathing	Extreme fatigue	Fever over 100 degrees/chills
New loss of smell or taste	Sore throat	
	Runny nose/congestion	
	Sinus pain	
	cough	
Return to school when symptom free for 24 hours OR student has a doctor's release to return to school.		Return to school if this was the ONLY symptom and student is now symptom free for 24 hours (without medication).

Sincerely,

The Midland Health Services Team and Administration