

STUDENT SYMPTOMS OF ILLNESS GUIDELINES

Students who exhibit signs of illness as described below **OR ARE WAITING FOR RESULTS OF A COVID 19 TEST**, should stay home from school and school activities. Students who exhibit signs of illness during the school day will be sent home. **Parents should monitor their children's symptoms daily to determine if they are well enough to attend school/activities.**

STAY HOME WHEN:

You have ONE of the high risk symptoms:

- Fever of 100 F or above
- New cough (different than baseline for students with allergies/asthma)
- Shortness of breath
- Difficulty breathing
- New loss of taste or smell

You have TWO OR MORE low risk symptoms or your symptoms are not within your "norm":

- Headache
- Fatigue
- Runny nose/Congestion
- Nausea/Vomiting
- Diarrhea
- Muscle/body aches/chills
- Sore throat

NEXT STEPS:

1. Call the school attendance line and report your student's symptoms/illness.
2. Call your healthcare provider for guidance and for questions/recommendations about COVID 19 testing.
3. All people with symptoms as described above should remain in their house isolated from other family members in the home (to the best of their ability).

RETURN TO SCHOOL:

→ If evaluated by a healthcare provider and diagnosed with something other than COVID 19 (ear infection, strep throat etc) then the student may return to school after 24 hours fever free (without the use of a fever reducing medication) AND symptoms are improving. **HEALTH CARE PROVIDER DOCUMENTATION IS REQUIRED PRIOR TO RETURNING.**

EXPOSURE TO A POSITIVE PERSON:

- Per IDPH guidelines, contact tracing will not be conducted.
- Parents/guardians will determine if their child will quarantine to monitor for development of symptoms.
- If parents or guardians choose not to have their child quarantine, students may attend school and extracurricular activities, as long as they remain SYMPTOM FREE.
- If direct exposure to a positive person is definite please consider having your student wear a mask at school through the end of the quarantine period.

SYMPTOMS/POSITIVE TEST:

Positive with symptoms or had symptoms but not tested:

- At least 5 days have passed since symptoms first appeared AND no fever for at least 24 hours (without the use of fever reducing medicine) AND other symptoms have improved.
- May return to school on day 6 but MUST wear a mask at school on days 6-10.

Positive with no symptoms:

- 5 days have passed since the test if no symptoms developed. May return to school on day 6 but MUST wear a mask at school on days 6-10.

NEGATIVE TEST but had symptoms:

- Symptoms have improved AND are fever free for 24 hours without the use of fever reducing medicine.

STUDENT SYMPTOMS OF ILLNESS GUIDELINES

Date: _____

Name: _____

Grade: _____

Date symptoms started: _____

Symptoms reported (circle all reported):

Fever	Cough	Shortness of Breath	Difficulty breathing
Sore Throat	Headache	Nausea	Vomiting
Diarrhea	Fatigue/Tired	Body Aches/Chills	Congestion
New loss of taste or smell	Runny Nose		

Return to school date without a doctor's consult/note: _____

Options for returning to school sooner:

- Get evaluated by a healthcare provider and diagnosed with something other than Covid 19 (ear infection, strep etc). The student must also be fever free for 24 hours without fever reducing medication AND symptoms improving to return. **Health care provider documentation is REQUIRED PRIOR to returning.**
- Negative Covid test AND fever free for 24 hours without fever reducing medication AND symptoms improving. **Proof/documentation of negative Covid test is REQUIRED PRIOR to returning.**

EXPOSURE TO A POSITIVE PERSON:

- Per IDPH, contact tracing will not be conducted.
- Parents/guardians will determine if their child will quarantine to monitor for development of symptoms.
- If parents or guardians choose not to have their child quarantine, students may attend school and extracurricular activities, as long as they REMAIN SYMPTOM FREE.
- If direct exposure to a positive person is definite, please consider having your student wear a mask at school through the end of the quarantine period.

