

A Note from the Health Offices:

Happy homecoming week Eagles! Unfortunately, now that we've been back in school for a few weeks illnesses are on the rise. Here is a quick but important reminder about our illness guidelines:

**Please keep your student home when:**

- Temperature of 100 or higher
- Severe sore throat
- Vomiting
- Diarrhea
- Significant fatigue/tiredness
- New cough (different from baseline for students with asthma/allergies)
- New loss of taste/smell
- MULTIPLE symptoms

Your child must be **FEVER FREE for 24 hours WITHOUT the use of fever reducing medication (Tylenol, ibuprofen, cold medicines with Tylenol in them etc.) PRIOR to returning to school.** *The same goes for vomiting and diarrhea—your child must be vomit and/or diarrhea free for 24 hours prior to returning to school.* If your child has one or more of the above symptoms, they most likely have a communicable illness. For State attendance records it is very important we receive a written note or phone call from you to define your child's absence. **It is also very important that we have accurate and up to date phone numbers to reach you and/or an emergency contact in the event your student needs picked up from school or there is an emergency!**

*\*\*Also..EVERY student must check in with health office to be assessed and for health staff to determine if the student should stay at school or go home. Students should not text parents/guardians and leave without seeing the health staff.\*\**

**Per the Handbook:**

**Parents have the responsibility to provide to the school a written medical doctor's excuse if their child/student misses 3 or more consecutive days of school.**

Thank you and have a safe and healthy week!!

Nurse Jessica and Ms. Kayla