26-27 Lunch Midland High School

November 2026

26-27 Lunch Midland High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Teacher Inservice	3 **Entree** Beef Nachos Turkey & Cheese Sandwich **Vegetables** Pinto Beans Cherry Tomatoes Sliced Onions Baby Carrots Romaine Lettuce **Fruit** Fresh Banana Fresh Orange Canned Pears Raspberry Lemonade Craisins **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk 1% Milk Soy Milk Fat Free Strawberry Milk **Condiments** Salsa Sour Cream Light Ranch Dressing Cup Mayonnaise	4 **Entree** Chicken Strips Peanut Butter & Jelly Sandwich **Vegetables** Mashed Potatoes Cherry Tomatoes Cucumber Slices Baby Carrots Romaine Lettuce **Fruit** Applesauce Cup Fresh Orange Sour Raisins Canned Pineapple **Grains** Dinner Roll **Milk** Fat Free Chocolate Milk 1% Milk Soy Milk Fat Free Strawberry Milk **Misc.** Mozzarella String Cheese **Condiments** Chicken Gravy Whipped Butter BBQ Sauce Cup Ketchup	5 **Entree** Spaghetti and Meat Sauce Ham & Cheese Sandwich **Vegetables** Roasted Broccoli Radishes Sweet Bell Peppers Baby Carrots Romaine Lettuce **Fruit** Mango Slices Canned Peaches Raspberry Lemonade Craisins Fresh Apple **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk 1% Milk Soy Milk Fat Free Strawberry Milk **Misc.** Cottage Cheese **Condiments** Light Ranch Dressing Cup Grated Parmesan Cheese Packet Mayonnaise	6 **Entree** Cheese Pizza Turkey & Cheese Wrap **Vegetables** Steamed Green Beans Sweet Bell Peppers Radishes Baby Carrots Romaine Lettuce **Fruit** Blueberries Mandarin Oranges Fresh Fruit Variety Raspberry Lemonade Craisins **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Soy Milk **Misc.** Hard Boiled Egg **Condiments** Light Ranch Dressing Cup Grated Parmesan Cheese Packet Mayonnaise
9 **Entree** Hot Dog with Bun Ham & Cheese Wrap **Vegetables** Baked Beans Cherry Tomatoes Sliced Onions Baby Carrots Romaine Lettuce **Fruit** Fresh Banana Canned Pears Canned Mixed Fruit Raspberry Lemonade Craisins **Grains** Goldfish Crackers	10 **Entree** Walking Taco Turkey & Cheese Sandwich **Vegetables** Steamed Corn Cherry Tomatoes Sliced Onions Baby Carrots Romaine Lettuce **Fruit** Canned Peaches Fresh Banana Raspberry Lemonade Craisins Fresh Apple **Milk**	11 **Entree** Chicken Nugget Peanut Butter & Jelly Sandwich **Vegetables** Mashed Potatoes Cherry Tomatoes Cucumber Slices Baby Carrots Romaine Lettuce **Fruit** Applesauce Cup Fresh Orange Sunrise Fruit Blend Sour Raisins **Grains** Dinner Roll	12 **Entree** Beef Goulash Ham & Cheese Sandwich **Vegetables** Steamed Green Beans Fresh Broccoli Florets Fresh Cauliflower Florets Baby Carrots Romaine Lettuce **Fruit** Canned Peaches Diced Strawberry Cup Fresh Grapes Raspberry Lemonade Craisins **Grains** Goldfish Crackers	13 **Entree** Pepperoni Pizza Turkey & Cheese Wrap **Vegetables** Steamed Carrots Fresh Cauliflower Florets Fresh Broccoli Florets Baby Carrots Romaine Lettuce **Fruit** Canned Pineapple Blueberries Raspberry Lemonade Craisins Fresh Fruit Variety **Grains** Goldfish Crackers

Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.
Hard Boiled Egg

Condiments
Ketchup
Dill Pickle Chips
Light Ranch Dressing Cup
Yellow Mustard
Mayonnaise

Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Condiments
Salsa
Light Ranch Dressing Cup
Sour Cream
Mayonnaise

Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.
String Cheese

Condiments
Chicken Gravy
Light Ranch Dressing Cup
Whipped Butter
Ketchup
BBQ Sauce Cup

Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.
Cottage Cheese

Condiments
Light Ranch Dressing Cup
Mayonnaise
Grated Parmesan Cheese Packet

Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.
Hard Boiled Egg

Condiments
Light Ranch Dressing Cup
Grated Parmesan Cheese Packet
Mayonnaise

16

Entree
Sloppy Joe
Ham & Cheese Wrap

Vegetables
Sweet Potato French Fries
Cherry Tomatoes
Sliced Onions
Baby Carrots
Romaine Lettuce

Fruit
Fresh Banana
Fruit Cocktail
Fresh Apple
Raspberry Lemonade
Craisins

Grains
Goldfish Crackers

Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.
Hard Boiled Egg

Condiments
Light Ranch Dressing Cup
Dill Pickle Chips
Ketchup
Yellow Mustard
Mayonnaise

17

Entree
Taco Soup
Turkey & Cheese Sandwich

Vegetables
Pinto Beans
Cherry Tomatoes
Sliced Onions
Baby Carrots
Romaine Lettuce

Fruit
Fresh Banana
Mango Slices
Canned Pears
Raspberry Lemonade
Craisins

Grains
Goldfish Crackers

Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.
Cheese Quesadilla

Condiments
Light Ranch Dressing Cup
Salsa
Sour Cream
BBQ Sauce Cup
Mayonnaise

18

Entree
Turkey Breast Roast

Vegetables
Mashed Potatoes
Steamed Green Beans
Cherry Tomatoes
Cucumber Slices
Baby Carrots
Romaine Lettuce

Fruit
Applesauce Cup
Apple Slices
Canned Peaches
Raspberry Lemonade
Craisins

Grains
Dinner Roll

Desserts
Confetti Cake Cookie

Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.
Hard Boiled Egg

Condiments
Light Ranch Dressing Cup
Chicken Gravy
Whipped Butter

19

Entree
Pizza Pasta
Ham & Cheese Sandwich

Vegetables
Green Peas
Radishes
Sweet Bell Peppers
Baby Carrots
Romaine Lettuce

Fruit
Sunrise Fruit Blend
Fresh Orange
Canned Pears
Raspberry Lemonade
Craisins

Grains
Goldfish Crackers

Milk
Fat Free Chocolate Milk
1% Milk
Fat Free Strawberry Milk
Soy Milk

Condiments
Light Ranch Dressing Cup
Mayonnaise

20

Entree
Stuffed Crust Cheese Pizza
Turkey & Cheese Wrap

Vegetables
Roasted Broccoli
Radishes
Sweet Bell Peppers
Baby Carrots
Romaine Lettuce

Fruit
Fresh Fruit Variety
Blueberries
Raspberry Lemonade
Craisins
Mandarin Oranges

Grains
Goldfish Crackers

Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.
Cottage Cheese

Condiments
Light Ranch Dressing Cup
Grated Parmesan Cheese Packet
Mayonnaise

23

Entree
Corn Dog
Ham & Cheese Wrap

Vegetables
Potato Emoticons

24

Entree
Beef Quesadilla
Turkey & Cheese Sandwich

Vegetables

25
Thanksgiving Break

26
Thanksgiving Break

27
Thanksgiving Break

Cherry Tomatoes
Sliced Onions
Baby Carrots
Romaine Lettuce

Fruit

Canned Pears
Fresh Banana
Canned Mixed Fruit
Raspberry Lemonade
Craisins

Grains

Goldfish Crackers

Milk

Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.

Hard Boiled Egg

Condiments

Light Ranch Dressing Cup
Dill Pickle Chips
Ketchup
Yellow Mustard
Mayonnaise

Taco Beans
Cherry Tomatoes
Sliced Onions
Baby Carrots
Romaine Lettuce

Fruit

Canned Peaches
Fresh Banana
Fresh Apple
Raspberry Lemonade
Craisins

Milk

Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Condiments

Salsa
Light Ranch Dressing Cup
Sour Cream
Mayonnaise

30

Entree

Cheeseburger
Ham & Cheese Wrap

Vegetables

Baked Beans
Cherry Tomatoes
Sliced Onions
Baby Carrots
Romaine Lettuce

Fruit

Fresh Banana
Fruit Cocktail
Fresh Apple
Raspberry Lemonade
Craisins

Grains

Goldfish Crackers

Milk

1% Milk
Fat Free Strawberry Milk
Fat Free Chocolate Milk
Soy Milk

Misc.

Hard Boiled Egg

Condiments

Light Ranch Dressing Cup
Dill Pickle Chips
Ketchup

Yellow Mustard Mayonnaise				

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.