26-27 Lunch Midland Middle School

November 2026

26-27 Lunch Midland Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Teacher Inservice	3 **Entree** Beef Nachos Turkey & Cheese Sandwich **Vegetables** Pinto Beans Sliced Onions Cherry Tomatoes Baby Carrots Romaine Lettuce **Fruit** Fresh Banana Fresh Orange Canned Pears **Milk** Fat Free Chocolate Milk 1% Milk Soy Milk Fat Free Strawberry Milk **Condiments** Salsa Sour Cream Light Ranch Dressing Cup Mayonnaise	4 **Entree** Chicken Strips Peanut Butter & Jelly Sandwich **Vegetables** Mashed Potatoes Cherry Tomatoes Cucumber Slices Baby Carrots Romaine Lettuce **Fruit** Applesauce Cup Fresh Orange Sour Raisins **Grains** Dinner Roll **Milk** Fat Free Chocolate Milk 1% Milk Soy Milk Fat Free Strawberry Milk **Misc.** Mozzarella String Cheese **Condiments** Chicken Gravy Whipped Butter BBQ Sauce Cup Ketchup	5 **Entree** Spaghetti and Meat Sauce Ham & Cheese Sandwich **Vegetables** Roasted Broccoli Radishes Sweet Bell Peppers Baby Carrots Romaine Lettuce **Fruit** Apple Slices Mango Slices Canned Peaches **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk 1% Milk Soy Milk Fat Free Strawberry Milk **Misc.** Cottage Cheese **Condiments** Light Ranch Dressing Cup Grated Parmesan Cheese Packet Mayonnaise	6 **Entree** Cheese Pizza Turkey & Cheese Wrap **Vegetables** Steamed Green Beans Sweet Bell Peppers Radishes Baby Carrots Romaine Lettuce **Fruit** Blueberries Mandarin Oranges Fresh Fruit Variety **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Soy Milk **Misc.** Hard Boiled Egg **Condiments** Light Ranch Dressing Cup Grated Parmesan Cheese Packet Mayonnaise
9 **Entree** Hot Dog with Bun Ham & Cheese Wrap **Vegetables** Baked Beans Cherry Tomatoes Sliced Onions Baby Carrots Romaine Lettuce **Fruit** Fresh Banana Canned Pears Canned Mixed Fruit **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk	10 **Entree** Walking Taco Turkey & Cheese Sandwich **Vegetables** Steamed Corn Cherry Tomatoes Sliced Onions Baby Carrots Romaine Lettuce **Fruit** Canned Peaches Fresh Banana Fresh Apple **Milk** Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk	11 **Entree** Chicken Nugget Peanut Butter & Jelly Sandwich **Vegetables** Mashed Potatoes Cherry Tomatoes Cucumber Slices Baby Carrots Romaine Lettuce **Fruit** Applesauce Cup Fresh Orange Sour Raisins **Grains** Dinner Roll **Milk**	12 **Entree** Beef Goulash Ham & Cheese Sandwich **Vegetables** Steamed Green Beans Fresh Broccoli Florets Fresh Cauliflower Florets Baby Carrots Romaine Lettuce **Fruit** Canned Peaches Diced Strawberry Cup Fresh Grapes **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk	13 **Entree** Pepperoni Pizza Turkey & Cheese Wrap **Vegetables** Steamed Carrots Fresh Cauliflower Florets Fresh Broccoli Florets Baby Carrots Romaine Lettuce **Fruit** Canned Pineapple Blueberries Fresh Fruit Variety **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk

Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.

Hard Boiled Egg

Condiments

Ketchup
Dill Pickle Chips
Light Ranch Dressing Cup
Yellow Mustard
Mayonnaise

Soy Milk

Condiments

Salsa
Light Ranch Dressing Cup
Sour Cream
Mayonnaise

Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.

String Cheese

Condiments

Chicken Gravy
Light Ranch Dressing Cup
Whipped Butter
Ketchup
BBQ Sauce Cup

Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.

Cottage Cheese

Condiments

Light Ranch Dressing Cup
Mayonnaise
Grated Parmesan Cheese Packet

Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.

Hard Boiled Egg

Condiments

Light Ranch Dressing Cup
Grated Parmesan Cheese Packet
Mayonnaise

16

Entree

Sloppy Joe
Ham & Cheese Wrap

Vegetables

Sweet Potato French Fries
Sliced Onions
Cherry Tomatoes
Baby Carrots
Romaine Lettuce

Fruit

Fresh Banana
Fresh Apple
Fruit Cocktail

Milk

Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.

Hard Boiled Egg

Condiments

Light Ranch Dressing Cup
Dill Pickle Chips
Ketchup
Yellow Mustard
Mayonnaise

17

Entree

Taco Soup
Turkey & Cheese Sandwich

Vegetables

Pinto Beans
Cherry Tomatoes
Sliced Onions
Baby Carrots
Romaine Lettuce

Fruit

Fresh Banana
Mango Slices
Canned Pears

Grains

Goldfish Crackers

Milk

Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.

Cheese Quesadilla

Condiments

Light Ranch Dressing Cup
Salsa
Sour Cream
BBQ Sauce Cup
Mayonnaise

18

Entree

Turkey Breast Roast

Vegetables

Mashed Potatoes
Steamed Green Beans
Cherry Tomatoes
Cucumber Slices
Baby Carrots
Romaine Lettuce

Fruit

Applesauce Cup
Apple Slices
Canned Peaches
Raspberry Lemonade
Craisins

Grains

Dinner Roll

Desserts

Confetti Cake Cookie

Milk

Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Condiments

Light Ranch Dressing Cup
Chicken Gravy
Whipped Butter

19

Entree

Pizza Pasta
Ham & Cheese Sandwich

Vegetables

Green Peas
Radishes
Sweet Bell Peppers
Baby Carrots
Romaine Lettuce

Fruit

Sunrise Fruit Blend
Canned Peaches
Fresh Orange

Grains

Goldfish Crackers

Milk

Fat Free Chocolate Milk
1% Milk
Fat Free Strawberry Milk
Soy Milk

Condiments

Light Ranch Dressing Cup
Mayonnaise

20

Entree

Stuffed Crust Cheese Pizza
Turkey & Cheese Wrap

Vegetables

Roasted Broccoli
Radishes
Sweet Bell Peppers
Baby Carrots
Romaine Lettuce

Fruit

Mandarin Oranges
Blueberries
Fresh Fruit Variety

Grains

Goldfish Crackers

Milk

Fat Free Chocolate Milk
Fat Free Strawberry Milk
1% Milk
Soy Milk

Misc.

Cottage Cheese

Condiments

Light Ranch Dressing Cup
Grated Parmesan Cheese Packet
Mayonnaise

23

Entree

Corn Dog
Ham & Cheese Wrap

Vegetables

Potato Emoticons
Cherry Tomatoes
Cucumber Slices
Baby Carrots
Romaine Lettuce

24

Entree

Beef Quesadilla
Turkey & Cheese Sandwich

Vegetables

Taco Beans
Cherry Tomatoes
Cucumber Slices
Baby Carrots

25

Thanksgiving Break

26

Thanksgiving Break

27

Thanksgiving Break

Fruit Canned Pears Fresh Banana Canned Mixed Fruit **Grains** Goldfish Crackers **Milk** Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Soy Milk **Misc.** Hard Boiled Egg **Condiments** Light Ranch Dressing Cup Dill Pickle Chips Ketchup Yellow Mustard Mayonnaise	Romaine Lettuce **Fruit** Canned Peaches Fresh Banana Fresh Apple **Milk** Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Soy Milk **Condiments** Salsa Light Ranch Dressing Cup Sour Cream Mayonnaise			
30 **Entree** Cheeseburger Ham & Cheese Wrap **Vegetables** Baked Beans Cherry Tomatoes Cucumber Slices Baby Carrots Romaine Lettuce **Fruit** Fresh Banana Fruit Cocktail Fresh Apple **Grains** Goldfish Crackers **Milk** 1% Milk Fat Free Strawberry Milk Fat Free Chocolate Milk Soy Milk **Misc.** Hard Boiled Egg **Condiments** Light Ranch Dressing Cup Dill Pickle Chips Ketchup Yellow Mustard Mayonnaise				

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